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PROCLAMATION 4185

# National Safe Boating Week, 1973

January 29, 1973

*By the President of the United States of America*

## A Proclamation

As more and more Americans in all parts of our Nation turn to boating as a leisure time activity, we need to give increasing attention to the safety requirements of the millions who participate in this healthy, challenging outdoor sport.

36 USC 161.

Aware of this need, the Congress approved a joint resolution on June 4, 1958 (72 Stat. 179) requesting that the President proclaim an annual National Safe Boating week during the week including July 4th of each year.

NOW, THEREFORE, I, RICHARD NIXON, President of the United States of America, do hereby designate the week beginning July 1, 1973, as National Safe Boating Week.

I urge all Americans who use our waterways to take advantage of the numerous boating safety courses offered by governmental and private organizations to help make their stay afloat as safe as it is enjoyable. These courses, sponsored by the United States Coast Guard, the Coast Guard Auxiliary, the United States Power Squadrons, the American Red Cross and various State agencies, provide the average citizen with the information needed for the safe operation of recreational boats. I particularly urge the novice and the occasional boatman, the one who operates a small boat on only a few weekends of the year, to consider his own and his family's safety and to be prepared for the unexpected by taking advantage of the sound safety information such courses offer.

I also invite the Governors of the States, the Commonwealth of Puerto Rico, the Virgin Islands, Guam, and American Samoa, and the Commissioner of the District of Columbia to provide for the observance of this week.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of January, in the year of our Lord nineteen hundred

seventy-three, and of the Independence of the United States of America the one hundred ninety-seventh.



## PROCLAMATION 4186

# American Heart Month, 1973

*By the President of the United States of America*

February 5, 1973

## A Proclamation

Diseases of the heart and blood vessels impose an intolerable burden on the American people. They afflict one-eighth of our population—more than 27 million citizens. With every 30 seconds that pass, cardiovascular diseases claim another American life. The toll for 1973 will be staggering: more than one million lives, more than 200 million man-years lost from work and some \$30 billion in lost income and the cost of medical care.

In 1948, the National Heart Act launched a nationwide effort to help alleviate this burden. This landmark bill created the Federal Government's National Heart Institute, bringing the public sector into a close alliance with the private sector, as exemplified by the American Heart Association, a national voluntary health agency.

62 Stat. 464.  
42 USC 287  
note.

In the nearly twenty-five years that have followed, science and medicine have made dramatic advances against this dread enemy. As cardiovascular medicine and surgery have undergone sweeping changes, new hope has been given to thousands of heart patients. Still heart and blood vessel diseases remain our Nation's deadliest health threat, and our cardiovascular disease rate is the second highest in the world.

June of this year will mark the twenty-fifth anniversary of the National Heart Act. On September 19, 1972, I signed into law a greatly expanded version of this authorization—the National Heart, Blood Vessel, Lung, and Blood Act of 1972—calling for significant increases in cardiovascular research and prevention programs. This legislation marks yet another milestone in our continued fight against preventable heart attack and stroke.

86 Stat. 679.  
42 USC 287  
note.

To encourage a continuing effective attack on cardiovascular diseases, the Congress, by a joint resolution approved December 30, 1963 (77 Stat. 843), requested the President to issue annually a proclamation designating February as American Heart Month.

36 USC 169b.